

# Physically Speaking's

## Dramatics For Children

### Mime:

Children or Youth learn the basics of history of mime and mime skills plus the need for them if interested in furthering their studies in theatre. Group presentations at the end of the workshop.

### Physical Theatre:

Children or Youth learn the basics of movement, body awareness, rhythm and space awareness

### Slap Stick:

Children or Youth learn (in a controlled environment) the history (place in comedy) and basics of slap stick, punches, slaps, kicks, grabs and final presentation.

### Physical Comedy:

Children or Youth learn elements of play, entrances and exits, having fun with breaking the 4th wall.

### Character Work:

Children or Youth learn through improvisation and physical movement to sustain and develop characters.

## Mask Work:

Through neutral mask children or youth learn to focus on the body rather than their face. Character Masks of Commedia Dell Arte are used to learn stock characters of comedy and learn to sustain physical bodies for them plus rhythm, animals, voice of the character.

## Voice:

Children or Youth learn 15 minutes to 30 minutes of basic warm up vocals plus exercises of the use of character voices.

## Clown:

Children or Youth learn through the art of play finding the joy of their inner clown. They also learn the start of the clown number ( intro, flop, getting out of the flop to success).

## Improvisation:

Children or Youth learn the basics of improvisation; saying yes and learning the who, what and where.

## Training the Body for Puppetry:

Children or Youth learn isolation work of the body, character and voice work. The students develop their own story to present at the end of the workshop.

## Story to Stage:

Children or Youth learn to put a story images together with text and physicality. Presentation from Munch books or fairy tales chosen.

## **Working with Physical Theatre and Fairy Tales:**

Children or Youth learn through physical body work and music present a fairy tale chosen by them.

## **Space Awareness:**

Children or Youth learn through physical group work and exercises awareness of their bodies in space and in around them.

## **Anti- Bullying Through Improvisation:**

Children or Youth learn improvisation and group work how to acknowledge bullying and how to deal with it plus memory skills that coincides with acknowledgement.